

# Food Cupboard Stock

Please CIRCLE the items you need

Laundry Detergent  
Dish Detergent

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Shampoo  
Toothpaste  
Toothbrushes  
Dental Floss

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Mini Pads / Tampons  
Disposable Razors  
Bath Soap  
Deodorant

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Tall Trash Bags  
Tissues  
Toilet Paper  
Paper Towels

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Peanut Butter  
Jelly (grape, strawberry)  
Crackers

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Fruit Cocktail  
Pears  
Peaches  
Pineapples  
Applesauce

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Ketchup  
Mustard  
Mayonnaise

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Drink Mix (Tea, Tang, lemonade)  
Tea Bags  
Coffee  
Powdered Milk  
Hot Chocolate packets

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Cereal  
Instant Oatmeal Packets  
Complete Pancake Mix & Syrup

Canned Ravioli  
Spaghettios  
Canned Chili

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Black Beans  
Red Kidney Beans  
Baked Beans  
Diced Tomatoes  
Tomato Sauce  
Spaghetti Sauce

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Rice  
Macaroni & Cheese  
Boxed Pasta (elbow, penne, ziti)  
Spaghetti  
Ramen Noodles

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Canned Chicken  
Canned Tuna  
Spam  
Chicken Helper  
Hamburger Helper  
Tuna Helper

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Tomato Soup  
Beef Vegetable Soup  
Chicken Noodle Soup

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Canned Green Beans  
Canned Corn  
Canned Peas  
Canned Carrots

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